

Orchard Gardens Assisted Living



HONORING THE PAST, INVESTING IN THE FUTURE

2011 Fall Issue

National Assisted Living Week

“Forever Proud” was the patriotic theme chosen this year for National Assisted Living Week because the first day began on the 10th anniversary of 9/11. While we remember the fallen, we also recognize the pride we feel as American citizens and in our community.

“Forever Proud” also addresses one’s pride in work done well, family and friends. Feeling proud about our citizenship, community participation, friends and families - a universal feeling and this week long celebration was a demonstration of the commitment assisted living professionals experience when providing care and services to residents in their communities.



September 11th – 17th, 2011
Orchard Gardens Celebrated
National Assisted Living Week

We kicked off the week on Sunday with the Valley American Legion presenting the colors on September 11, 2011. We also celebrated Grandparents Day. During the week, some highlights would include putting together “care packages” for the troops, making cards for families of servicemen and women, forever pin crafts, a community Social, DC West Cheerleaders and Pep Band to rally the week, DC West Football Falcons put on a USO Square Dance (September was Square Dance Month), and we finished the week cheering on the Nebraska Husker Football Team.

What an exciting week we had. We look back and see how awesome it is to pull together and celebrate together as a community. Ten years ago when America was hit by senseless terror, our country pulled together and gallantly stood to make a difference. We were stifled momentarily but the message was heard around the world that America stands strong and “Forever Proud”. Orchard Gardens’ residents salute the red, white and blue.

Valley American Legion Presenting the Colors 9/11/11



Special Points Of Interest...

- NATIONAL ASSISTED LIVING WEEK “FOREVER PROUD”
- VALLEY AMERICAN LEGION PRESENTING THE COLORS
- RESIDENT SPOTLIGHTS: HILDEGARD MACEK, JANET REICHMUTH, AND VELMA MARTENS
- FRIENDS OF THE LIBRARY

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Orchard Gardens Assisted Living

Hildegard Macek, A Family Affair

Granddaughter Ali in college and has worked for OG for five + years, Hildegard, and daughter Sue who volunteers with the Beta Sigma Phi for Monthly Bingo. Beautiful ladies; a family affair cherished here at OG.

There is never a dull moment with Hildegard, originally from Munich , Germany. We love to hear her speak because you can still hear her German accent as she always has something to say about anything; she is a lot of fun! Hilde met the love of her life, John Macek, during WW II as he was stationed in Germany. He asked Hilde, “Would it be worth my while to stay?” They were married three times; once in a German church, with the Justice of the Peace and in an American Chapel. They lived in Munich after his enlistment was up with the Army; he worked as a civilian for six years before they came to America and resided near Long Island; Manhasset, New York . Hilde says, “It was love all the way.” The love continues through her family of four daughters and Hilde lives near one of her daughters here in Valley, Nebraska. Hilde has resided at Orchard Gardens for four years now and enjoys seeing her daughter Sue McKie and granddaughter Alison McKie who are actively involved in the community and here at Orchard Gardens. Sue is an Architect and presently School Board President for DC West Schools. Sue and her husband, Richard, have lived at Waterloo Riverside Lakes for 24 years. They have three children and one of them is Ali who is a graduate of DC West High and soon to step into Nursing. She has been a loyal employee for Orchard Gardens for five plus years. We appreciate these ladies for all they do!

“THE GAME OF LIFE IS LIKE FOOTBALL. YOU HAVE TO TACKLE YOUR PROBLEMS, BLOCK YOUR FEARS, AND SCORE YOUR POINTS WHEN YOU GET THE OPPORTUNITY.”

QUOTE BY:
LEWIS
GRIZZARD



Join OG on the Web...CHECK US OUT!

Check Orchard Gardens out on the web-site. Get on Google and search for www.douglascountyhousing.com, then click on Orchard Gardens. The home page gives basic information along with our soon to be posted Quarterly Newsletter. Access our blog by clicking onto [Gardens News Page](#) beneath the Orchard Gardens Assisted Living Heading . Now you on are the Orchard Gardens Blog where you can scroll down and check out Weekly Menus, Monthly Activity Newsletters, pictures and more. You can view or copy off pictures if you'd like. To copy if there is a gallery of changing pictures, just press the stop button on the picture you want to copy. Then right click of the mouse to pull up the screen with copy on it. Click the word “copy” with the left click of the mouse which will copy the picture you want. You can then open a Word Document and paste it onto the screen and copy.

If you would like to join us and get an update sent to your e-mail when there are new postings, scroll to the bottom of the blog and you will see the word FOLLOW on the bottom ride-hand side. Just click and put in your e-mail address and click on sign me up. That is all there is to it...so join us soon. We'll see you on the web!

Gearing Up For Game Time



Valley really rallies when it comes to Homecoming Week and Orchard Gardens' residents love to take part as a community effort. The whole town comes out. We had a great time last year and this year where we took part in the parade. This year's theme was Game Over and the bus windows were covered with Pac Man logos. Go DC West!!

We also have many Husker Fans. The Orchard Gardens' dining room looks like a sea of red on game day just like the Nebraska Coliseum. We haven't done the wave yet but need to try sometime. We love to watch and cheer on our Husker Football Team!

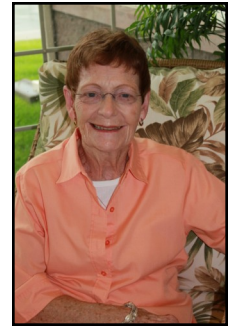
GO BIG RED!

All decked out for the DC West Homecoming Parade last year. We are also BIG RED FANS. Always got some spirit to cheer on our favorite teams.

Janet Reichmuth, A Walk Down Memory Lane

Janet was so delighted to tell about her life's story. Her story is a treasure just as she is to many here at Orchard Gardens Assisted Living where she has lived for two years. She was born in Columbus, Nebraska, raised in Madison, Nebraska and after high school graduated from Nursing School at Lincoln Bryan Memorial. Janet married William Reichmuth in 1953 while he was home on furlough from the military. Bill went onto Worsham College of Mortuary Science. They moved to Valley in 1961 and later bought the funeral home in Valley and its name became formally Reichmuth Funeral Home. Janet supported all her husband's endeavors with the home and in community efforts. They have three children: Jon, Jay and Kim. Their boys are both Funeral Home Directors and their daughter, a nurse; following the footsteps of their parents. The Reichmuth Funeral Home has branched out since and has locations including Valley, Elkhorn, Bennington and Yutan.

One of Janet's great loves is reading and that spilled over into being the privileged President of the Valley Library Board for 25 years. This year they moved the Valley Public Library downtown into a renovated space and it's just beautiful. Janet was bestowed honors of being a Lifetime Member of the Library Foundation. Janet has had ups and downs in her life but this woman of faith wears a smile everyday bringing cheer to all who cross her path.



Janet honored as a Lifetime Member of the Valley Library Foundation for her 25 years of service.

Friends of the Valley Library



Residents felt very privileged to be among the first to visit the new Valley Library which was relocated to the downtown area of Valley. We have been friends of the Library for some-time and we visit every other week on Wednesdays. Some go for all the reading stimulation that the library has to offer and others go for the refreshments, conversation and current events. Some enjoy it all in combination. We have many avid readers here at Orchard

Gardens and those who use talking books. It is always a pleasure to get out and see what is new at the Valley Library.

"The more you read, the more things you will know, The more that you learn, the more places you'll go." By Dr. Seuss

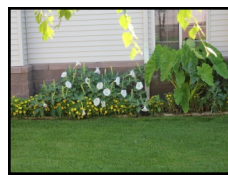
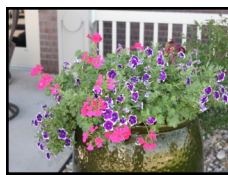
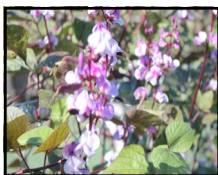


"WINTER IS AN
ETCHING, SPRING
A WATERCOLOR,
SUMMER AN OIL
PAINTING AND
AUTUMN A
MOSAIC OF THEM
ALL."

QUOTE BY:
STANLEY
HOROWITZ



Cast of Orchard Garden Summer Beauty



We have certainly enjoyed the cast of flowers this summer season. As fall takes our hand, we look forward to brisk air and the earth's unfolding with vivid color.

"Autumn, the year's last, loveliest smile."

By William Cullen Bryant



Orchard Gardens...
a peaceful beautiful setting to
enjoy nature and the warmth
of summer.

Honoring the past, Investing in the future.

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Orchard Gardens Assisted Living is a community where we try to offer a special sense of belonging—a feeling of home. Residents enjoy a wide range of amenities and services. Our comfortable environment features a host of activities, both on-site and planned outings, as well as places to feed mind, body and spirit. A caring staff provides round-the-clock attention, and makes our residents' safety and security its top priority. Our mission is to offer the kind of retirement living where life matters, vitality in daily living is offered and peace of mind is a reality for every resident.

Orchard Gardens opened in the fall of 2004 and is owned and managed by Douglas County Housing Authority. We are home to 56 spacious and affordable apartments. Stay current with activities, menus and pictures, check OG web-site and click on Orchard Gardens News Page.

Check out our Web-site:
douglascountyhousing.com
Click on Orchard Gardens
Come visit us soon!

Velma Martens Celebrates 100th Birthday

Velma Abilene Martens was born October 21, 1911 in Portsmouth, Iowa at home on the family farm. Velma was the second of seven children born in the Martens family (six girls and one boy). In 1911 there was no electricity and the family traveled by horse and buggy. It was another time, a time when life was simple and sometimes life was hard.

Velma's parents, Hans and Emma, both came from Germany to the United States at different times and later met in Iowa and were married in 1909. Velma said the girls had to help with the farm work, they picked corn by hand and drove horses in the hay field.

She has fond memories as a little girl of how they celebrated the 4th of July. She said, "We wore our very best dresses; I remember our white dresses with pink ribbons. We had ice cream cones and you had to eat them quickly. We rode the Merry-Go-Round for fun that day and that is how we celebrated July 4th back then." The other fond memory she has is of her mother and father's 50th anniversary; that was a pretty special memory for her.

Velma worked at Mutual of Omaha for 33 years in the Purchasing Department. She retired in 1976. There came a time she needed assisted living and her and her sister Elsie moved to Orchard Gardens. Velma has lived here close to six years. I asked her what she liked about Orchard Gardens. Velma said, "I like the way I get taken care of here." We also talked about how much she enjoys her manicures. Velma is a devoted Christian and loves to sing hymns and the sing-a-longs we have at Orchard Gardens. She loves her friends and has enjoyed sitting with Marge Schlueter all these years at her dining table. She stated, "Marge is a good friend to me." Velma always looks beautiful and carries herself with such poise. What an inspiration to all who know her. Happy 100th Birthday, Velma!



Velma will celebrate her 100th Birthday this month with friends and family at Orchard Gardens. Congratulations!